

# Kirtan Rasa

*Bhaktiratna Sadhu Maharaj*

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Why No Namruchi?

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*Nitai.tv/kirtan*

## What is Bhakti?

Bhakti means the love for the Lord arising in Kirtan.

## Why Only Kirtan?

Kirtan Rasa is the final goal of Japa and Shravan.

## I Don't Get Time for Kirtan?

Without hours of Kirtan daily, all other practices remain tasteless & fruitless.

## How to Do Kirtan?

Sing Nam or Lila with claps, harmonium or mridang.

## Why No Namruchi?

No taste in Japa & Shravan due to neglect of Kirtan & Smaran.

## Why is Kirtan so special?

As it binds and pulls the Lord to us by loud calling.

Kirtan is compulsory like Japa?

Panch Tattva came and mostly did Kirtan to show us that it is the most imp.

Why Harmonium & Mridang?

Harmonium reveals Nam.  
Mridang makes our soul dance.

## Kirtan and Japa

Hari Nam Chintamani says that one should take a daily vow of chanting some Names in our Japa in Kirtan.

### I do Japa but not Kirtan

We tend to chant Nam very fast in Japa so we can't deeply remember each Name, like we can in Kirtan.

### How is Kirtan Different?

Sanatana Goswami says that Kirtan is THE rope to bind the Lord, while japa is a thread. Lord hastens to appear where Kirtan is on.

## I Feel Lazy to Sing Daily

Then the Lord becomes lazy to give you His Prem.

## I Am Alone to Do Kirtan

You have your tongue and ears to cry the Nam & Lila.

## No Time After 16 Rounds Japa

It is like doing the means but ignoring the goal. Or picking up food but not eating it.

## I Don't Have Peace at Home

Drown those mundane noises by your loud song.

## I Don't Have a Daily Kirtan Quota

Fix one right now from today!  
Make it long for more Prem.

## How Does Harmonium Help?

It helps in “Nam-amani  
udita hoy”. Narad has vina.

## Why Can't I do It Mentally?

Lord won't hear your silent  
worship. He comes only  
when the soul sings to Him.

## How Does Mridanga Help?

Its beats pull us into the  
eternal dance of nitya-lilas.



## Why Daily Programs?

It is basically to make us do Kirtan for many hours daily.

## Why Do We Meet Devotees?

For doing Kirtan together and to make all sing.

## Why Do We Do Japa Daily?

To develop our relationship with Nam for Smaran and Samadhi in Kirtan.

## Why Do We Do Dhamvas?

To relish Kirtan remembrance of the Lila Sthalis.

# Kirtan & Deity Worship

Kirtan is for raganuga bhakti.  
Deity Worship: vaidhi bhakti.

## I Do Deity Worship Already

Kirtan manifests the Deity in our heart and mind. So it is the highest form of Deity Worship.

## See the Form Mentally

Those who can't focus on the Lord's form in Kirtan have to take help of Deity Worship.

Deity Worship is Not Independant

Only Kirtan removes all the offenses in Deity Worship.



## Why Nitai Gunjan?

Nitai Gunjan instantly purifies us for pure Harinam Kirtan.

### I Do Deity Worship Daily

Nam is the most merciful Deity.  
Kirtan is Nam-Deity Worship.

### We Touch Nam by Tongue

Kirtan is Nam-touch by tongue. Nitai Gunjan qualifies us for that touch.

### Why Gunjan if I do Kirtan?

Calling out Nitainam induces Nitai to award us entry into pure Hari Kirtan.